Wicklow Parkrun

Wicklow Parkrun is a free, timed, 5k run/walk every Saturday morning at 9:00 AM. Anyone can participate, from beginners to experienced runners, walkers, and families. The course is flat and suitable for all ages and fitness levels. Participants can register online and receive a barcode for quick scanning at the event. The event is supported by volunteers who help with timing and scanning results. Results are published online shortly after the event.

Wicklow Parkrun