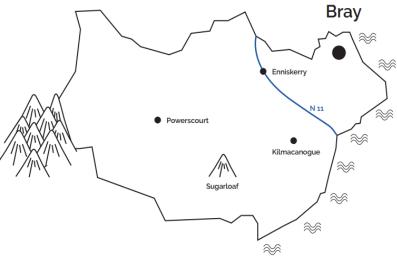
# Let's Develop Our Vision for Community Wellbeing in the Bray Municipal District





What Community Groups said at the Co Wicklow PPN Community Workshops held in Bray Family Resource & Development Centre, Fassaroe and Villa Pacis, Putland Road on 19<sup>th</sup> June 2018



#### **Introduction**

Co Wicklow PPN consulted with community groups in the Bray Municipal District on their vision for North East Wicklow (Bray MD). As part of the consultation process Co Wicklow PPN held workshops in Bray Family Resource & Development Centre, Fassaroe and Villa Pacis, Putland Road. Groups were asked -"What are your hopes and aspirations for your community in the future under the Community Wellbeing Headings"? Their responses are below.

Co Wicklow PPN is now inviting member groups who wish to add to their input on the day and those who couldn't attend on the day, to participate in an online consultation to ensure their voice is heard fully in this process

\*\* The responses that were more specific than visionary have been separated and will be passed on to our PPN Representatives to bring to the committees they sit on.

Co Wicklow PPN will develop a Wellbeing Statement for the Bray Municipal District based on all the information provided through the consultation process

#### **Health (Physical & Mental)**

Free & accessible healthcare for all the community

**Health is your Wealth** 

More openness for everything

Lack of fear so people can approach people who need help

More unified services

**Encourage resilience** 

#### **Facilities for Health**

- Play areas for children
- Less access to social media more outdoor activities
- Bray adventure activities
- Proper cycle network, Off road cycle paths
- Free outdoor facilities in public places eg yoga classes
- Exercises walks
- Greenways
- A gym for people with disabilities
- Skatepark
- Community sports facilities for Little Bray eg swimming pool, athletics/football ground
- More parks

#### **Accessibility - Transport**

- Transport to take people for hospital appointments
- Better bus service for areas that are lacking
- Use bus passes on private busses
- Fleet buses, livery ones
- More accessible transport

#### **Health & Environment**

- Access to food for all, no food poverty
- Fresher water, more clarity on what we're drinking
- Access to healthy local food, community supported agriculture
- Growing vegetables, organic food
- City farm

#### **Mental Health Supports**

- Supporting people with mental health issues back into the community Re employment & counselling
- More supports for people with anxiety & depressions
- Practical and meaningful supports & programmes that help those with mental health issues be heard, encouraged, and guided in a way that allows them to take ownership of their lives .....self – empowerment
- Proven that use of arts/creativity is particularly good for mental health
- More openness about mental illness

#### **Supports for Carers**

- Adequate assistance & support for parents of children with physical and mental health issues
- More help for Carers
- Better supervision and well-being support for Carers and holistic therapy

#### **Supports for Children & Young People**

- More support for mental health services for teenagers
- Access to free education and training for all children
- Healthcare for youth mental health
- Youth facilities to help prevent mental health issues
- More mental health services for under 18s
- Just in Time mental health services for young people e.g. Jigsaw
- A range of support services mental health, drugs etc that are available for under 18s
- Youth spaces, to come together to be heard, listened to and be empowered to take responsibility for their lives
- More facilities for under 18s
- Open air and cheap gyms for young people
- Training supports for parents to encourage and empower them to support their children & young people – giving ownership and power back to parents
- More awareness around the body and how it works at an early age -promoting that we are not just a head
- More child advocates for freedom to process

#### **Supports for People with Disabilities**

- Support to live independently, disability housing in the community
- Educational support for autism
- Accessibility to sea swimming for people with disabilities
- Access to footpaths, restaurants blind people need access to footpaths

- More social clubs for people with disabilities
- More respite/trips and support services for people with disabilities
- A programme that links young people with disabilities to training, employment and work experience that is supported and leads to opportunities

## **Resourcing Services**

- Resources to ensure better access to waiting lists and assessments
- Individual funding to facilitate the person's needs
- Day service funding kept separate to residential funding
- Accessibility to services
- More taxes to pay for proper health care & housing
- Well-resourced therapies for everyone
- Adequate funding for senior care and homes
- More affordable private health insurance
- Well resourced youth services and facilities for young people
- The economy to re-set for all people
- More detox beds and underage services

# **Statutory Service**

## (Health)

- Free medical cards for under 12s
- Resource the" creative well" practise as part of the local health service
- Out of hours doctors service
- Reinstatement of mid-wives
- Primary Healthcare Centre
- Health Centre that does everything
- Clinical services available in adult services for people with special needs
- Free access to medical cards for everyone
- No waiting lists
- No people left waiting on trolleys, more nurses
- Cleaner & more user-friendly hospitals, no waiting lists
- More creative, better resourced healthcare package, focus on making a better quality of life and well-being
- Public assistance programmes
- Working week shorter, more time to develop relationships and community

#### (Education)

- Supervision support for teachers who are expected to solve all societies problems without support
- Teaching journaling in schools
- Better PE programmes in schools
- Education in school understanding people with disabilities and their needs
- Vocational training should be continued for everyone
- Decentralised services

 More education on a community level around physical, mental, emotional and spiritual health

## **Community Services/Supports**

- Men's Sheds
- Day services
- More support groups
- Social prescribing
- Community participation community and therapeutic gardens & forest therapy
- Creative arts performance for all
- Music
- More community childcare
- Neighbourhood housing designed for community interdependence rather than individual independence
- Community accessibility to mediation and breath-work
- More services like Tiglin (addiction services)

#### **Connecting Services**

- Combined centralised mental health facilities
- Links between mental health and addiction services
- Nurseries linked with nursing homes same grounds
- Coordination of disability services
- Sufficient central services for child, adolescent and young adult mental health and the integration of these services.

#### More vision for love and care for the elderly

- Older people supports
- Well supported care to support elderly to stay independent at home as long as possible
- Retirement village
- Integrated supports for the elderly be visited, supported, and share their stories, to know they matter are loved and deserve care and attention a lot to learn from them
- Community care programme for elderly communication, support, contact, food supplied and links
- Villages for elderly to live independently
- Lots of support for home supports for elderly and carers
- More respite for elderly in their own homes

#### <u>Participation Democracy & Good Governance</u>

## Government for the People -not separate from

## **Participation**

- Participatory Budgeting
- Delegation & trust of community groups etc to take responsibility for their lives & communities – invest, empower & release
- Community voices involved on local authority committees
- PPN gives groups chance to air their view

- Support Wicklow PPN
- Ensure marginalised young people have a right to a say on all services e.g. policing, education, health
- Rights for people going into social welfare offices and council offices
- More local groups involved with twinning groups eg disability groups, youth groups, age actions
- Paid facilitation to support development of communities
- Local citizen's assemblies called to service but where all the inform they ask for if needed is supplied
- Signposting knowing where to go to access services
- Education is needed at school level about how to interact and affect change at council level
   support teachers would be needed for this
- Better understanding in school how governance works
- Forums and opportunities for young people's voices, concerns, views to be heard to take them seriously inclusive of all areas of Bray
- Primary and secondary
- People with disability to have a decision on a council
- Reps from a local level to sit al all government meetings so we have a voice at community level

#### **Bureaucracy**

- No insurance concerns for small scale communities
- Less paperwork for communities
- Supports for community groups
- Don't take too long to make decisions stops civic engagement
- You need to be part of an influential group to affect change at the local authority
- Cut back on paper work that hinders voluntary & community development
- Clean up the red tape between councillors and government

## **Transparency & Accountability**

- Accounting to be public- how money is spent
- More participation more open decision making
- Transparency in decision making full disclosure of interests in all local govt decisions
- Good governance
- Listening to people all the people
- Clarity within services and accountability
- Real inclusion of everyone not just able bodied internet connect
- Referendum on accountability procedures for senior civil service officers/managers
- Make county managers & town civil officials accountable
- Proper accountability on local governance decision making of councillors & council staff
- Consultation must be meaningful
- Local communities voice taken seriously
- Regular open council meetings
- Council meetings to be filmed & live streamed & full minutes that say what named councillor said in meetings available online in a timely fashion
- Disability/mental health quotas eg 5% enforced fined if breached

#### **Local Development**

- Accessible online free consultation on town planning of any kind, especially sensitive public spaces
- Implement "we asked, you said, we did" consultation process & consult in a more accessible way eg online

#### **Access to Information**

- Council Newsletters
- Provision of access to information
- Everyone should know about Citizen's Advice & be able to access it

#### **Local Authority**

- Council staff should be from the area they are responsible for
- Complete re-structuring of our local government services to support local people
- Council should promote inclusion
- We want the council to follow up when we contact them
- Structure the local councils to have champions for the services A. social involvement B. Social access C. Health matters
- Council working to promote job opportunities
- Council meetings they talk you listen
- Local authorities are disability aware and implementing this
- Encourage young people to be involved in local authority
- Council should be more people friendly
- Restore powers to town council
- Speed lobbies facilitated by Bray MD
- Councillors & Council staff
- Councillors not just in it for themselves but for people
- Open meeting smaller groups feed into council
- Junior council with budget to promote education of council role and duties

#### **Social & Community Development**

#### **Acceptance**

To be able, and given the opportunity to reach full potential with support. Whatever that potential is.

Inclusion and support of people with different needs.

**Supporting sustainability locally** 

Promote and encourage and awareness of personal, social and community responsibilities... encouraging and endorsing self sufficiency and sustainability... both now and future generations.

Bray belongs to the community, where compassion is shown to everyone

#### Security

• Safer Bray where violence is not tolerated

# **Transport**

- Public & accessible transport for all parts of Bray
- Better transport to all parts of Bray

#### Communication/Information

- Bringing it all together communication of work in all groups
- Community newsletter and bulletin
- Community noticeboard/notebook
- People to know it's there

## **Community Services**

- Support Brazillian community, open the Tres Brazillian Culture Centre
- More groups games, arts, sports &historic
- More music & arts in the community
- Heritage centre
- Social intervention for homeless and elderly
- City farm
- More resource centres
- Neighbourhood parties get to know one another
- Positive/Proactive approach from Local Government to community Service
- Community Supports to encourage interaction between generations, engage schools, youth services social groups etc in sharing of stories life experiences
- More support recognition for community centres

## **Community Facilities**

- Playgrounds
- Skatepark
- Play areas dotted through the town
- Community gardens & parks

### **Funding**

- Supportive environment with adequate funding & other resources
- Properly resources community development sector
- Link with professional workers Re funding
- Funding for wages in the community sector
- Parallel funding for ongoing maintenance and upkeep of facilities
- Current funding needs to be available
- A bigger budget for community development in Bray
- Council grants linked to accessibility of services applying for funding
- Help to navigate around funding sources etc

#### Carers are valued and supported

#### **Education & Skills**

- Inclusive life-long learning opportunities for all sectors and members of our community
- Choice of courses to do
- Able to learn from mistakes and second chances
- GPs and Doctors, Teachers and Garda to do TC training to be more client centred
- Develop listening abilities
- Personal development programme to be available for kids and teenagers
- Nurture listening techniques and opportunities
- Integrate youth in decision making
- Help source board members with skills
- Reading & writing skills for teens 12-16 years old pre-junior cert

#### **Support for the Community Sector**

- There is a problem with terminology in local and national policies, reflects economic values at the expense of common good values
- The removal of terms which refer or mention community development at national policy levels is unacceptable
- Encouraging and support community development which develops community & individual agency and politicisation
- Qualitative assessment of delivering services
- Continuity of project followed through over the years
- A system to share information, a way to link groups in the voluntary sector
- Support in terms of paper work and governance in the community sector
- Need local government structure that supports and encourages local community activity
- Be creative, use the creative arts in how you engage and link social and community services
- Not overlapping goals and groups
- Set up a citizens advice bureau model for community development
- Want to nurture our community sector

#### Statutory

- No waiting lists for everything
- Mental health services immediately when needed
- Quality preventative health care for all
- Mental health services between age groups
- Accessibility in built environment and all services for people with disabilities
- Community based life-long supports for people to remain in their homes and communities
- Employers more open with disability
- County housing development integrated
- Develop Bray's promenade

More facilities in the centre of the town

More accessible services catering for all disabilities

More central services and activities so people can access from all ends of town

Inclusive secular and muti-denominational services such as education & health that include all citizens without discriminations

Rooms free to use for community events

Family cultural events

Supporting Irish produce/culture

Natural birthing centre

Better opportunities for school leavers

There is will and good will and it needs support

## Values, Culture & Meaning

Togetherness – many ways and opportunities to celebrate our locality and things of meaning to us.

#### Giving back to communities

**Empowerment of all** 

**Trust Truth** 

#### Equality for all people all races

- Equality for all women, men and children
- Her/story not just His/story

#### **Acceptance**

Community responsibility, knowing and caring for people in immediate community eg. elderly etc.

#### Irish Culture/Heritage

- Irish myths and legends
- Irish music
- More Irish culture days
- Irish language, folklore, local history, music, stories
- Nurture the skills and values that our parents developed to a school level today
- Promoting Irish history and local history
- Encouragement of local heritage groups and information so that future generations appreciate the heritage of the area.

#### **Valuing Diversity**

- Give young people a voice in the community
- Involve secondary schools in social events
- Support for cultural groups, minority groups and facilitation for them to interact
- Tolerance and inclusion of all beliefs and none
- Celebrating the cultures in our community i.e. Chinese new year, Traveller ethnicity etc
- Cross cultural events to celebrate the diversity of the area
- Encourage diversity in cultural activities bring together
- Value the talents of all ages equally
- Integration with cultures

- Cross generational events
- Incentivise clubs to be more involved with other groups
- Inclusion of youth and younger children
- Support for different cultures
- Social inclusion
- Community activities that encourage interaction and a sharing of community between generations bridging the gap creative activities.
- More intergenerational activities/opportunities
- Intercommunity engagement
- Nursing homes linked with nurseries
- Celebrate languages, Gaelic and other
- · Visability of Disable people during daily chores, eg. shopping and walking
- More secular community spaces and services that do not exclude anybody and are inclusive, including education and health
- Teaching our people with Disability (Equality)

## **Infrastructural Supports**

- Heritage Centre, Cultural Walks
- More use of public areas, such as park for community celebrations
- Story- telling, music theatre
- Support well jobs and support shops in Bray
- More teenage based activities/facilities for after school leisure ie. Skate park and teen café
- Centre for cultural production, where both amateur/community/professional producers can make together
- Making sure places and areas are accessible to all
- City Farm will bring sustainable jobs, education, care for animals, tourists will visit

#### **Education**

- LGBTQ training and education to be brought into schools
- Reading and writing skills, literacy classes for Travellers, 12-16 years pre junior cert
- Best Educational facilities for everyone
- Education and breaking down barriers training programme for all schools and private and public services
- More development around self esteem and awareness
- Encourage sport, art and fun classes in education, as today's children are to IT driven
- Personal development, group and training for young kids and teens
- Small class sizes so children and schools are supported
- Educating all, regarding diverse cultural values within our society
- Teaching our people with Disability (equality)

### **Valuing Older People**

- Pour more resources into elderly homes and hospices
- Centres for elderly with dementia and hospice care
- Care for older people: them being valued more
- Much better respite for carers who work 24/7

#### **Valuing Families**

- Helping families thrive emotionally
- Supports to encourage the role, value and purpose of the family. Identity, value fathers/mothers
- Vision for healthy families, promoting fatherhood being a responsible and caring father

#### **Valuing Animals**

Animal welfare

## Valuing Children and Young People

- Work for teenagers
- Promoting self government in children and teenagers

#### Work

- Work ethic being promoted, honouring any kind of work and not overdependent on the government
- Support well paid jobs
- City Farm, will bring sustainably jobs, education, care for animals and tourists would visit

#### Arts

- Promoting the arts, history of and love of
- Stories that enrich our lives (possibilities)

## Spirituality

- Area where we can pray openly
- Develop more spirituality rather than one religion
- God prayers
- Connection: yourself, other people, community, natural world
- Community supported rituals (nonchurch based to replace communion etc)

## **Economy & Resources**

## **Environmentally sensitive tourism eg Sugarloaf Way link with Wicklow Way**

- City Farm schools, tourists, everyone
- Culture centre
- Promote tourism local cliff walk. Kilruddery
- Reinstate a cable car on Bray head

# Place where people support each other

Change to a vibrant local economy

Vision for greater work ethic

Create a safe secure place for business & people to come to

Make Bray a base for the North of the County

**Business Support** 

- Encourage business to invest in Bray
- Creative ways to encourage business to engage in Bray
- More funding for community services
- Adequately support the organisation
- Rates too expensive, water rates, parking
- Remove barriers to business
- Encourage/facilitate thriving town centre
- Environment to support small business
- Culture of positive & supported entrepreneurs (rather that what's always done)
- Incentivised business different types of business rates
- Better support/incentives for small business
- Support organisations/business to stay/ remain open
- Environment that will attract business & people back to Bray

#### **Transport & Accessibility**

- Access to free parking to support business/economy
- Accessible Infrastructure
- Transport more busses
- Roads infrastructure needs more investment
- More local bus services
- Widen N11 to 3 lanes
- Increased parking spaces
- Improved parking facilities
- Better access in & out of Bray
- Good transport system in place roads-cyclability-pedestrian public transport (in the town)
- Good public transport within the town & surrounding areas (there have been cutbacks)

#### (Disability Specific)

- Darts with better access
- New buses/stops/access
- More wheelchair spaces on buses/trains

### **Education & Training**

- More apprenticeships trade skills
- People supported to work 60%, 70% etc
- Better linkages between local education & business
- More second chance opportunities
- More flexibility Re career change
- Personal development training
- Good access to training opportunities
- Career guidance
- Easy access to computer courses
- Support around breaking cycle of unemployment
- More flexibility in education with males who might want to choose a trade at any age
- Apprenticeships promoted

 Acknowledge that academic education is not for everyone – need a system to deal with individuals

## (Disability Specific)

Education for community in general about how to be around people with disabilities

## (Youth Specific)

- Commitment to the youth in facilities and employment
- Properly invest in engaging young people particularly those coming from a disadvantaged background
- Hear the Youths Voice Opportunities for youth employment & training
- Better links after college to support the next step

## **Developing a USP**

- Not too many Euro shops, coffee shops, charity shops
- Coffee shops to keep people in Bray
- Set Bray apart from shopping places eg Dundrum
- More markets
- Support local individuals rather than multinationals
- A revitalised main street
- Vibrant main street
- Variety of retail space
- Community run woodlands for local fuel, green crafts & tourism
- Broadening the business community beyond "clique"
- Development of bespoke industries arts crafts etc
- Diverse business across the town
- Better promotion of town Re business, tourism etc
- Build on night-time economy on main street
- Play to strengths of local business better promotion of local business (wider)
- Shopping centres including Asda, Marks & Spencer

#### Infrastructure

- Maintain Infrastructure
- Physical re-vamp of Bray main street
- Use of accommodation over commercial premises

#### Inclusion

- More meaningful and properly paid jobs for people with disabilities
- People with disabilities treated with respect & dignity
- Integration & inclusion
- Acceptance
- Community services more accessible for people with disabilities
- More work experience for people with disabilities
- Variety for people with disabilities
- More opportunities for work for people with disabilities
- Quality job opportunities

- No more free work
- Adequate respect for fair working conditions
- Fair acceptable supports for unemployed
- Expand National Learning Centre

#### **Alternative Economy**

- Barter system made available
- Community exchange ie furniture clothes etc
- 2021 budget new crypto currencies

# **Environment & Sustainability**

# **Preserving Our Natural & Built Heritage**

- Native community woodlands multi functional
- Harbour development plan
- Conservation & perpetuity of the People's Park and Carlisle Ground for the benefit of the people of Bray
- Preservation of flood plain at Dargle& not use hard engineering as an answer
- Maintain facilities like The Well, Little Flower Hall, Epworth Hall, Bray Head Hotel
- Full development of Bray Head as a special amenity area
- Bray Greystones Cliff walk
- Greenbelt between Shankhill & Bray
- Re-open heritage centre
- Protect natural areas with proper walking trails
- Sugarloaf way linking with Wicklow way
- Architectural Conservation Areas
- Protection of trees in Bray including street trees
- Development of Rehill lands to its full potential as an amenity area
- Promoting natural areas of beauty eg Glen of the Downes
- Protection & presentation of Bray Seafront with appropriate development
- Adequate maintenance of public spaces & residential areas
- Protect, improve & develop Bray Harbour
- Built heritage register made available to the public
- Preserve Victorian Main street
- The preservation of Bray seafront

# **Biodiversity**

- Plant trees upland to prevent flooding
- No Roundup/weed killers used
- Wildlife info points, walking trails
- Woodland planted near walking distance to every school every child plant a tree in 6<sup>th</sup> class
- Council to commit to national biodiversity plan, re-wilding, wild flowers, un-mown verges for pollinators, no pesticides that harm wildlife
- Crate wild spaces that support biodiversity

#### Waste Management, Recycling, Pollution

- More Recycling facilities
- Ban plastic
- Additional recycling facilities especially bottle banks throughout community
- Halloween have control safe bonfires & fireworks
- Arts & recycling initiatives for youth
- Ban single use plastic
- Better waste management @ local level within the community
- Re-instate large item waste collection by council
- Council support local clean-up programmes skips/bags/tools
- Monthly collection from households of large unwanted goods.
- Bins and dog poo solution and walking signage
- Clean up dump on North Beach
- Sort out historic dump
- Initiatives around community clean-ups.

#### **Community Gardens**

- Edible landscape CSA
- More horticulture programmes to bring our communities together
- City farms, allotments, community gardens, urban farm
- Community supported agriculture food security
- Provide a community compost

## **Funding**

- Conservation grants
- Employment, more jobs, budget new Ireland

#### **Education**

- National school curriculum must have environmental subjects
- Schools included in community clean ups
- Funded nature connection education for adults & children eg forrest schools
- Education on exactly what happens with your waste
- Community walking groups nature walks, environmental awareness day

## **Sustainable Energy**

- LED lighting throughout the Municipal Area
- Less light pollution (like seafront)
- Community Heating systems
- Sustainable Energy sources community owned
- All public buildings to be energy sustainable like Dublin fire station
- Allowing personal solar and wind generation feed back into grid system.

#### **Transport**

- Better roads and repair
- Poor public transport access

- Pedestrianise the main street and cycle lanes
- Affordable parking
- Transport Luas affordable transport for people with disabilities, trains and darts to link up.
- Park and Ride on M11

# Social, Leisure & Health

- Air event
- More Community Games
- Table Tennis, Handball Alley
- Youth Café Hub
- Skatepark
- Halls local and expensive to hire
- Cheap/Free facility Centre Bray for older people
- Playgrounds and outdoor Gym
- Family Friendly Festival

# **Planning**

- High density development in suitable areas to retain open spaces.
- Natural Graveyard
- Natural Graveyard biodegradable
- Innovative (modern) design in building which respect existing heritage.
- Social Housing in Bray (FCA Land-Vevey)
- Don't build on flood plains in Bray Golf Club