

# Include Us In - Working towards our Vision for Community Wellbeing.

### What we Heard

# 8<sup>th</sup> April Newcastle Community Centre

# **Participation, Democracy & Good Governance**

### **Social Inclusion References:**

Participative, inclusive, responsive to community needs

Engages meaningfully with community

Voice of more marginalised is heard

Collaborating

Grass root development is encouraged, supported resourced

Active citizenship - supported

Services accessible/responsive to all citizens

Democracy understood and facilitated

Local decision making is valued and supported

Local Government is transparent

### What exists to support achievement of Social Inclusion themes:

Councillors meeting organised by PPN

Bray Area Partnership speed lobbying event

Youth services - Better outcomes, brighter future strategy

PPN

**LCDC** 

Social Justice Ireland – Active citizenship training

Training to local community groups through local development companies

**Community Development Partnerships** 

**Resource Centre** 

## What is needed to support achievement of Social Inclusion themes:

**Public Sector Duty** 

Lack of Social Housing

Old People Mental Health

Younger people Mental Health

People with Disabilities – access to education in rural areas

New communities Addiction service in rural areas

# **Social and Community Development**

### **Social Inclusion References**

Co Wicklow:

An inclusive, caring and supportive community that nurtures all its citizens equally

Services and facilities easily accessible to all

Diversity is recognised and valued

Everyone is included, engaged and active in their community

Needs of more marginalised are met

Arklow:

All citizens are valued equally and enabled to live life to their full potential

Greystones:

Inclusive

**Enabled** 

Whole community

More vulnerable citizens

Baltinglass:

Access to the services, social and physical infrastructure

Vibrant, inclusive and connected

All people are able to develop the relationships and have access to resources required to participate in their community

Bray:

Empowerment of all members in the community

Wicklow:

Diversity of cultures in our community is acknowledged and celebrated.

### What exists to support achievement of Social Inclusion themes:

LECP being developed

Library service

Local Link bus service

Co Wicklow PPN

Citizens Information

**Local Community Groups** 

Groups e.g. Active Retirement, Men's Sheds

**Bray Lakers** 

KWETB Education Centres (youthreach, ABE, Training, VTOS, BTEI, Community Education)

Failte Isteach – conversational English classes

Family support services (Wicklow Child and Family Project and Springboard)

Bray Family Resource and Development Project

**Bray Youth services** 

Bray Area Partnership

**Bray Travellers Development Project** 

Connect Bray Neighbourhood youth project

**CYPSC** 

County Wicklow Partnership – SICAP services, supports and training

## What is needed to support achievement of Social Inclusion themes:

**Public Transport** 

PHC Wicklow Town

**CEART** 

Embracing expatriate groups

Reaching out – hand of welcome message of inclusion (not just written on a policy)

Integration SWOT for Co Wicklow

Affordable Long-term accommodation, including integrated supported social housing

Updated migrant strategy and support structures

Properly resources sector/organisations

# Work, Economy & Resources

### **Social Inclusion References**

Work –

Provide opportunities:

Transport links

Flexibility

Diverse range - desires/needs

Solutions:

Develop Hubs – removing isolation, increased opportunity for social interaction. Improving social and psychological health of the community (mindfulness)

### What exists to support achievement of Social Inclusion themes:

**Social Prescribing** 

**LECP** 

Men's Sheds

Rural Link and LEOs

**Broadband** 

**Transport** 

Work from Home

County Council - commuter transport service N11

# What is needed to support achievement of Social Inclusion themes:

Lack of retail shops

Community sector under funded

Opportunities for young people to access alternative employment /training/progression routes

Wrap around employment support for young people under 25

# Health (physical and mental)

## **Social Inclusion References**

All citizens enjoy good physical and mental health

Accessible and well resources statutory and community services

The health-related needs of all – especially vulnerable citizens are met

Wicklow MD identifies capacity building piece – specifies achievable aims – be active, be resilient.

### What exists to support achievement of Social Inclusion themes:

Healthy eating programme (Healthy Food Made Easy), Smoking Cessation Programme – CWP programmes

Cook, Eat, Share Health eating programme in Schools in North Wicklow

KWETB Community education courses in; yoga, stress management, fitness/exercise for community groups.

**Community Choir** 

Jigsaw youth mental health service to be established in 2020

Social Prescribing programme – coordinator posts in BAP and CWP

Healthy Ireland initiatives and funding

Cairdeas Clubhouse in Bray – club and self help group to reintegrate back after mental health illness

Outdoor gyms

Blue Dolphins sports for all

Lakers

# What is needed to support achievement of Social Inclusion themes:

Mental Health services

Homelessness addiction services

Opportunities for communities/communities of interest to engage in identifying health needs and inform appropriate responses

Access to supports and service for children, families (preventative health care)

Funding for community wellbeing

Green areas/Ecotherapy. Wlks eg. Parks (Rathdrum) Kendalstown Wood

Community Walks and Parks well maintained e.g. The Murrough, Greystones Seafront, Bray Esplanade

Awareness and recognition of local support services. Effectively resources

Waiting time for mental health too long

## Values Culture and Meaning.

## **Social Inclusion References**

Welcoming

Including - equal

Celebrating diverse cultures and own culture

Cultural inclusion

Empowerment through information

Giving people a voice

Resources and services for diverse needs

Safe and secure in communities – to be part of community

Volunteering, supported and valued

Natural environment being accessible to all

# What exists to support achievement of Social Inclusion themes:

Better outcomes – Brighter future

Wellbeing statement

Wicklow Welcomes Group Wicklow Town

Educate Together school – Traveller Culture week and visits

Local community groups e.g. Women of the World, Arklow

Volunteering – Wicklow Volunteer Centre

PPN

Citizen Information Service

Boxing clubs, GAA, scouts' clubs

Youth projects

Foroige groups

Youth group

CEART

Failte Isteach – conversational English classes

Men's Shed groups

Family Resource Centre

Older Persons groups – Active retirement. Possible time to give, use as resource

What is needed to support achievement of Social Inclusion themes:

Tolerance

Awareness and recognition of local support services – effectively resourced

**Cultural Centres** 

**Public sector Duty** 

**Housing Adaptation Grants** 

Online services for public service

Integration strategy

Services in general for new communities – Syrians, Somalis, Direct Provision in Wicklow Town

### **Proposed Actions**

Raise awareness and encourage the implementation of Public Sector Duty (Martina, Fiona, Partnerships?)

Connections for inclusion

Research to identify obstacles (focus groups, work with selection of SI groups)

Support resources for groups to make SI policy real.

SI groups to keep a diary/note of issues/topics encountered

SI strategy for County Wicklow

PPN Communications – consider amount etc.

# **Environment and Sustainability**

### **Social Inclusion References**

All citizens have an awareness, appreciation and a strong connection to the natural environment

All citizens to live healthy and sustainable lives

All citizens working together to nurture and project natural and build environment

All citizens are connected with and appreciate the local natural environment

All citizens are socially connected within a safe and secure community

# What exists to support achievement of Social Inclusion themes:

Tidy towns

Pure Mile

Green schools

Murrough Greenway Project

Laragh and Glenmalure sustainable energy project

**Community Gardens** 

Jim Callery, Wicklow Co. Co. – environment awareness, food waste etc.

Outdoor recreation Officer, CWP – promotes walks, upkeep of walkways. Pilot project schools, stamp passport for walkways

Clean up dumps (grants)

Wicklow LSP: community walks, community parks active days.

Take 3 from Beach campaign

Bank single use plastic

Healthy Ireland Funding for events, outdoor activities

## What is needed to support achievement of Social Inclusion themes:

Accessible, affordable and secure accommodation for all

Public transport

Increased refuse collection costs resulting in dumping

Pollution

Single use plastics

Recycling

Funding for ongoing maintenance and upkeep of public spaces and green areas.

Create community employment to sustain development

### **Proposed Actions**

SI Network to write to Wicklow Co. Co:

To ask re Countywise publication circulation, explore making it available more widely and through community organisations (CIC, PPN etc)

Explore making information available through free papers

Promote grants to residents' group, grants for refuse

Raise awareness of compositing to save money

Promote easy initiative e.g. Take 3 away (link with environmental network)

St Kevin's Bus - subsidised transport

Seminar on Housing:

Set up a sub group – Simon, Aoibhinn, Niamh and Anne Marie McMurrow

Issues – Adaptation grant and social and affordable housing.